#### **ENGEL**



# Kristy Engel

#### LANGUAGES

### MINISTRY PRIORITY

#### **BIRTHDAY**

English Spanish Haitian Creole Health and Wellness

3/19







# **ABOUT**

KRISTY, a global consultant with a healthcare focus, is a trained pediatric nurse practitioner who has served for 12 years in the Dominican Republic, leading teams and working with public health issues. Kristy helped coordinate the 2010 Haiti earthquake relief and worked in Liberia during the 2014 Ebola outbreak.

She provides health assessments, training, clinical skills, partner consultation, and crisis relief throughout the world. A hallmark of Kristy's work is teaching about Asset-Based Community Development (ABCD).





Kristy serves Ukrainian internally displaced persons at a mobile medical clinic.



## **MINISTRY STORY**

My ministry with International Ministries (IM) has taken on many different roles. I find these "coming alongside" moments to be incredibly life-giving, whether I am practicing as a nurse practitioner or simply listening and learning from IM partners.

Serving Ukrainian internally displaced persons (IDPs) has been one of the most fulfilling experiences. The women and children are dealing with much more than physical needs. Alongside their illnesses, they are managing life in a war-torn country, the loss of their homes, work and school, emotional and mental trauma and for many, the loss of a loved one.

How do I step into this space and help? I make myself available, being present for them and giving them space for grief or to share their loss. Many take care of the people around them and forget to take care of themselves. Giving the women time to take a breath, relax, share, and receive care is immensely important. When I do provide physical care, I keep

one thing in mind that was shared with me a long time ago: 'Think of the person sitting in front of you as the most important person in the world right now and treat them as such.'

As I continue to serve around the world in difficult places, I am thankful to all who send me, those who welcome me, and those who allow me into their lives. It is a gift that is greater than I could have ever imagined.

### **PRAYER REQUESTS**

Pray for my continued safety and health as I travel.

Pray as I work with my service dog, Mia.

Pray for discernment about new projects and ongoing ministry.

#### **SCRIPTURE**

"Dear children, let us not love with words or speech but with actions and in truth."

1 John 3:18 (NIV)

